



# Darphan

The Quarterly Newsletter

Volume XV, Issue I  
Jan-Mar 2022

Celebrating  
**23**  
Glorious  
Years

## Synergy Group of Institutions

### Message from The Chairman.....

### Overcoming Fear and Finding Success



Take a moment and imagine what your life would be like if you had no fear. What would you do if you knew how to overcome fear? It's not difficult to imagine that it would alter your life significantly. Fear is the single biggest obstacle that holds people back from fulfilling their potential and becoming the best version of themselves. The question is, where does it come from? Neuroscientists claim that humans are the most fearful creatures on the planet because of our ability to learn, think, and create fear in our minds. We scare ourselves by imagining the worst possible outcomes, assuming that we are protecting ourselves from imminent danger. This acronym best reflects what fear is: **F**- false **E**- evidence **A**- appearing **R**- real. Fear is an emotion created by your mind based on real or imagined threats. It may also manifest as anxiety disorders in some cases, as anxiety is based on worries or fears about the future. These imagined scenarios of perceived threats end up feeding your fear to the point where it becomes all-consuming.

Often, these scenarios never happen. The real issue is not the fear itself, but rather how we hold it in our minds. Overcoming fear may sound easier said than done. When you are in the thick of fear, it's hard to see a way out. The good news is that, because you are the root cause of your fears, you are also the solution to them. If you keep your fears inside, you allow your mind to control how you feel. In order to prevent this confusion from happening in the first place, identify what your fears are before moving on to learning how to deal with fear. Once you identify the type of fear and the experience that you associate with your fears, you become armed with the power to take action to change them. Eventually, your fears become smaller and smaller, and your strength gets bigger and bigger. Being a control freak is also a way how a lot of people manage their fears, or so they think. Unfortunately, control has no place on the path to learning how to overcome fear. In actuality, all that they are doing is masking their fears by trying to control everything. Fear results in controlling behavior, and when this behavior doesn't give us the results we're seeking, it further intensifies our fears. True freedom comes from fully releasing control. When you are able to do this, you begin the process of releasing your fears as well. Positive affirmations can be used to combat almost any negative thought pattern, which can be very helpful when you want to learn how to overcome fear. Using them to help challenge your fears can help retrain your brain and have your fears reframed as powerful statements. Once you recognize that fear is not real, the obstacles that appear to stand in your way will be removed, and you will feel empowered to take action.

*Binod Dash*  
(Binod Dash)

Chairman & Managing Trustee, Synergy Group of Institutions

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DHENKANAL



BHUBANESWAR

Synergy's Newsletter

SYNERGY, DHENKANAL & SYNERGY, BHUBANESWAR

### National Seminar on “Security in Cyber Space” at Synergy, Bhubaneswar

One day seminar was conducted by The Department of Computer Science and Engineering of Synergy Institute of Technology, Bhubaneswar on “Security in cyber space” on 16<sup>th</sup> Feb 2022. Dr R.N Behera delivered his insight as resource person to all the participated students and faculties of CSE department. The seminar ended with a vote of thanks delivered by HOD of CSE Department Mr. Biswaranjan Sarangi.



### National Workshop on “Drone Design and Aviation” at Synergy, Dhenkanal

Department of Mechanical Engineering organised a three day National workshop on Drone Design and Aviation from 23 to 25 February 2022. Wg. Commander B.S.Singhdeo and Col. Sidharth Vatsyan were the invited guests of the workshop. Students from DPS Dhenkanal and students of all branches of SIET Dhenkanal participated in the workshop. All the students were divided into 11 groups where they learnt about the basics of drone and designed their own drone. After design of basic components of drone, students assembled all the components and fabricated their own drones. At the end of the workshop students flew their drones.



### International Women’s Day Celebration at Synergy, Dhenkanal

Synergy Institute of Engineering And Technology has celebrated the International Women’s Day on Wednesday, 9th March, 2022 in the campus. For the event, the distinguished guests were Ms. Saroja Choudhury MD, Founder, Rosy’s Kitchen and Ms. Sukirti Pattnaik MD, Founder, IndulgeSalon and Spa, to make the event livelier. On the occasion both the guests shared their tales of struggle and success. Principal Dr. Itishree Mohanty presented the welcome address. DPS, Dhenkanal Principal Mr. Vijay Kumar graced the occasion by addressing the gathering with a fascinating presentation that they should celebrate every day as a women’s day. Event was enthusiastically hosted by Ms. Jennifer Momin, Asst. Prof. in English. The guests were honored and presented by a memento by our Principal Dr. Itishree Mohanty. The celebration ended with a great triumph.



### International Women’s Day Celebration at Synergy, Bhubaneswar

International Women’s Day was observed on 10th March, 2022 at Synergy Institute of Technology, Bhubaneswar. Prof. (Dr.) Sabita Acharya, the Vice Chancellor of Utkal University graced the occasion as the chief guest. Prof. (Dr) Sabita Acharya talked about the women empowerment and their rapid growth in the society; mainly focused on the theme “Gender Equality Today For Sustainable Tomorrow”. Principal Prof. (Dr) Jogeswari Rout talked about the women’s struggle and how the International Women’s Day got recognized and became a trending event to celebrate everywhere in the world. Director (Admins) Prof Chitrasen Jagatdeo talked about the women’s achievements and how women in today’s world breaking out the stereotypes and ruling the world in different sectors.



### Orientation Programme at Synergy, Bhubaneswar

A Virtual Orientation Programme was organized by Synergy Institute of Technology Bhubaneswar for the fresh batch of the institution on 12-01-2022. Prof. Dr. Damodar Acharya, The Chairman of SOA’s International Advisory Board and the Former Chairman of AICTE graced the orientation Programme as the chief speaker. The Principal Dr. J. Rout welcomed the new students and shared some prominent achievements of the institution. The Chairman and Managing Trustee Sri Binod Dash congratulated the students to be a part of the esteemed institution. He advised the students to convert their challenges into opportunity, moralised them to work hard for the four years and enjoy the rest of the life. He even highlighted the eight principles of the life: Self confidence, Discipline, Patience, Time Management, To fix a target, Art of talking, Art of praising, & Art of ignoring. The chief speaker Prof. Dr. Damodar Acharya expressed his gratitude to be a part of this programme. Dr. Acharya explained the importance of gaining knowledge by sharing his personal experiences with the students. Dr. Acharya advised the students to enhance their communication skills irrespective of their educational background by stating his own example, how he developed his own comprehensive skill. The programme was conducted by Miss Subhasmita Pattnaik, Lecturer-in-English. The Orientation Programme ended with a vote of thanks by Prof. C. Jagatdeo, The Director (Admin.) and HOD of the dept. of English.





## Newsletter

### Exploring Orientation from Honorable Chairman, Synergy Group of Institution



To built a strong professional carrier in the field of nursing becoming a nurse without a doubt one of the best career choices we can make. It is great way to bring together the passion for helping others with a desire for a career with strong job growth, earning

potential, security. This insightful message was delivered by our chairman Sri Binod Dash on 10th February 2022

### Orientation Programe at Synergy College of Nursing, Dhenkanal



Service to mankind is Service to God. Save one life, you are a Hero, Save Hundred life you are a Nurse. Shivani Education & Charitable Trust has added B.Sc Nursing course in Synergy Group of Institution this year. Synergy College of Nursing, organized an orientation

programe to welcome the New Entrants for B.Sc Nursing course on 7<sup>th</sup> February 2022.

### International Women's Day Celebration at Synergy College of Nursing, Dhenkanal

Celebration of International Women's Day at Synergy, Dhenkanal



by the Nursing students was organised on 8<sup>th</sup> March 2022. The Nursing Students had prepared some posters & a group role playbasing on this years theme "Gender Equality for a Sustainable Tomorrow". They had also organised a cultural Program.

### CDMO Visit to Synergy College of Nursing, Dhenkanal



It was an immense pleasure for our staff & students to meet with Mr Ashok Kumar Das CDMO, Dhenkanal on 5<sup>th</sup> March 2022. He delivered some encouraging talk regarding employment, job opportunities and satisfaction in the field of nursing.

### First AID Camp at Kapilash by the students of Synergy College of Nursing, Dhenkanal

A First Aid camp was Organized by District Administration,



Dhenkanal along with the B.sc Nursing Students, guided by Principal, Synergy College of Nursing and managed by Mr A.K Jena Senior Security Officer of Synergy, on the occasion of Mahasivaratri at Kapilash on 1<sup>st</sup> March, 2022.

### Blood Donation Camp at Synergy College of Nursing, Dhenkanal



A Blood donation camp was organized by Synergy College of nursing, Dhenkanal in association with Red Cross Society on 17<sup>th</sup> March, 2022. All the staff members & students of Synergy College of Nursing and some volunteers actively participated & donated blood in this Program.

### National Tobacco free Program at Synergy College of Nursing, Dhenkanal



The National Tobacco Free Program was organized by District Health Administration of District Hospital, Dhenkanal on 25<sup>th</sup> March 2022. the District Public Health Officer delivered his talk on tobacco & its harmful effects & how to avoid the use of tobacco in the present generation, through a PowerPoint

presentation, to our Nursing students.

### Prajapati Brahmakumari Spiritual Talk at Synergy College Of Nursing, Dhenkanal



A spiritual talk through Prajapati Brahmakumari Organization was conducted on 8<sup>th</sup> & 9<sup>th</sup> February 2022, by Synergy College of Nursing where the speakers focused on the importance of the Mind-Body Concentration in our life.

## Research & Development

### **Seminar/Workshop/ conference attended by the faculty of Synergy, Bhubaneswar & Synergy, Dhenkanal**



Mr. Biswaranjan Sarangi from the department of Computer Science and Engineering, Synergy Institute of Technology, Bhubaneswar had presented paper entitled "Outlier detection in wireless sensor network for health care:A statistical approach" in 2022 International Conference for Advancement in Technology (ICONAT) during 21<sup>th</sup> & 22<sup>nd</sup> January 2022 organized by IEEE Bombay Section.

Mrs.Tapasi Das from Department of Computer science and Engineering, Synergy Institute of Technology,Bhubaneswar had participated in a 2 weeks online FDP recognized by AICTE/UGC on "Natural Language Processing" jointly organized by the Electronics and ICT Academies at IIT Kanpur, IIT Roorkee, MNIT Jaipur and NIT Patna during February 7-18,2022 under the "Scheme of financial assistance for setting up of Electronics and ICT Academies" of the Ministry of Electronics and Information Technology,Government of India.



Mr. Rashmi Ranjan Mohanty from Department of Computer science and Engineering, Synergy institute of Technology,Bhubaneswar had attended NPTEL awareness E-workshop on 25<sup>th</sup> January 2022.

Dr.L Dhalsamanta Associate Prof., Prof Shakti Shankar Pati Associate Prof., Mr.R.K.Mahanta, Asst.Prof., Mr.P.K.Nayak Asst.Prof., Mrs Ellora Das, Asst.Prof.and Mr.S.S.Mohapatra Asst.Prof. Electrical Engineering attended AICTE-ISTE sponsored one-week online Induction/Refresher Programme on "Smart Grid Technology (SGT-2022) organized by Department of Electrical Engineering and EEE DRIEMS (Autonomous), Tangi, Cuttack from 03-01-22 to 08-01-22.



ATAL Academy Sponsored Five days Faculty Development Program on "Electric Charging Station For Vehicles" organized by Department of Electrical Engineering Government Engineering College,Thrissur from 21st – 25th February 2022 was attended by Dr. L Dhalsamanta Asso. Prof., Prof Shakti Shankar Pati, Asso. Prof., Mr.P.K.Nayak Asst.Prof., Mrs Ellora Das, Asst.Prof. and Mr.S.S.Mohapatra Asst.Prof. Department of Electrical Engineering.



Mr.R.K.Mahanta, Asst.Prof & Mrs Ellora Das, Asst.Prof attended AICTE Sponsored Five Days Online Faculty Development Programme on "Advances in Renewable Energy and Electric Vehicles" organized by Department of EE, NIT Silchar from 26th to 30th March 2022.

Mr.R.K.Mahanta, Asst.Prof & Mr.P.K.Nayak Asst.Prof attended AICTE sponsored two days National Conference "Impact of Post COVID-19 on technical education- Challenges & opportunities (IPCTE-2022) organized by department of Electronics & Telecommunication Engineering DRIEMS (Autonomous), Tangi, Cuttack



Mrs.Sunita Panda, Asst.Prof, Computer Science and Engineering attended the session on AZ 900: Microsoft Azure Fundamentals which was scheduled on 17<sup>th</sup> to 19<sup>th</sup> Feb 2022.

Mr.P.K.Nayak Asst.Prof attended One week FDP on "Recent Advancement in Electrical Transportation Technologies" organized by Vivekananda Global University in association with the Institution of Engineers (India), Jaipur Rajasthan from 07-02-22 to 11-02-22.

Mr.P.K.Nayak Asst.Prof attended 5 day FDP on "Recent Advancement in Electrical & Electronic Engineering" organized by GIT Rajasthan from 20-01-22 to 24-01-22.



### **Paper Published /Presented & Talks Delivered by the faculty of Synergy, Bhubaneswar**

Jyoti Prakash Pati, Soumya Ranjan Mohapatra, Aditya Ranjan Parida, Pranay Biswal, Siddharth Sankar Muduli, Ramesh Chandra Nayak, Facility Planning and Design at SIT workshop [Paper accepted] NCIM 2022. Department of Business Administration and Research Shri Sant Gajanan Maharaj College of Engineering Shegaon, Dist. - Buldhana, Maharashtra, India.



Abhijit Majhi, Antaryami Das, Rakesh K. Mohanty, Etikeshan Pagal, Biswajit Swain, Ramesh Chandra Nayak, Design and development of an epicyclic gear operated irrigation system to help farmers for their irrigation purpose, [Paper accepted] NCIM 2022. Department of Business Administration and Research Shri Sant Gajanan Maharaj College of Engineering Shegaon, Dist. - Buldhana, Maharashtra, India.

Aditya Ranjan Parida, Sidhartha Sankar Muduly, Himanshu Sekhar Swain, Pankaj Kumar Sahu, Biswajit Sahoo, Ramesh Chandra Nayak, Oxidizer based stove for community kitchen to reduce pollution [Paper accepted and presented] INSC International Online Conference on Green Economy A Necessity for Sustainable Future on 25th March 2022 by Universal Business School (UBS) Karjat Maharashtra

### **Achievement by Dr. Ramesh Chandra Nayak of Synergy, Bhubaneswar**

Dr. Ramesh Chandra Nayak has been selected as Bentham Science Ambassador and received Certificate from Bentham Science Sharjah, U.A.E.



## Newsletter

### Training & Placement at Synergy, Dhenkanal & Bhubaneswar

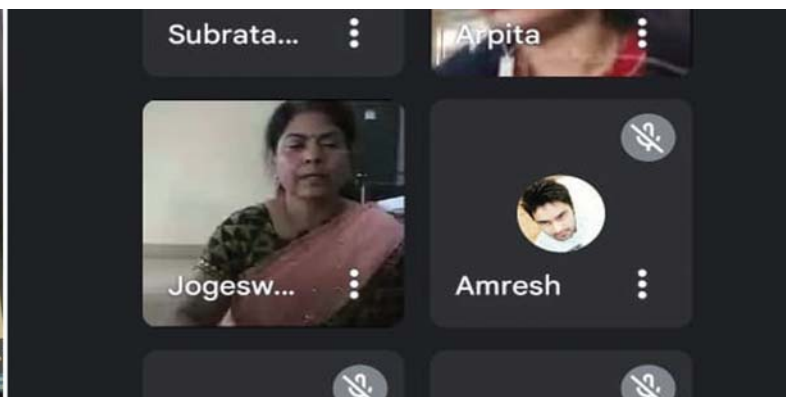
During this academic year, 285 students of Synergy Institute of Engineering & Technology, Dhenkanal & 98 students of Synergy Institute of Technology, Bhubaneswar got placed in reputed corporate organizations like WIPRO INDUST. (P), MICRO TURNER, RONCH POLYMER, COLLABERATECHNOLOGIES(P) LTD, BARCOM INDUSTRIES LTD, COGNIXIA, MERCEDES BENZ, KALISMA STEEL, DIGICALL, SILLICON TECH(STL) AMTEK AUTO LTD., ROTODYNE SUMUKH ENGG. PVT. LTD., INDO ALUSYS INDUSTRIES LTD, E.TECH GS, PARAGON TECH TNS GLOBAL, RONCH POLYMERRANGAM INFO, PRECISION ENGG, ROTODYNE, EPITOME ENGI, RESEARCH-IN BHUMI, CLEBRIT CHIF, AIU CONSULTANY, HATIM TECH, AFFINITY etc. SILLICON TECH(STL) COGNIZANT, CAPGEMIN MINDTREE. The following is a list of students who have been selected by different companies in the recent campus from JANUARY to MARCH 2022.

#### SYNERGY, DHENKANAL & SYNERGY, BHUBANESWAR

DATE	COMPANY	NAME	BR.	DATE	COMPANY	NAME	BR.
19.01.2022	Q-SPIDERS	ARPITA OJHA	CS	23.02.2022	ZENSIR TECHNOLOGIES ( AN RPG COMPANY)	ARPITA OJHA	CS
		ARPITA PATNAIK	CS			RIYA BHAGAT	CS
		RAJASHREE MISRA	CS			SAYAM S. MISHRA	CS
		ARABIND SAHU	CS			SONALI PRIYADARSHINI	EE
		ANIMESH BEHERA	CS			APARNA SAHOO	CS
		RUCHIKA SINGH	EE			BIBHUTI BHUSAN NAYAK	ME
		VASWAT KU NAYAK	EE			ROJALINI SAMAL	CS
		ANIMESH BEHERA	CS			SUBHADRIKA MISHRA	CS
		KISHORE KUMAR SAHOO	CS			SIDHARTHA SAMAL	CS
		NATHAN TOMAS BABU	CS			RAJAT ROUT	EE
		SWARUPA SAMEEPA	CS			AJIT KUMAR	EE
		NITESH KUMAR SINGH	ME			SUSHREE SUCHARITA PATRA	CS
		PRITI PRIYADARSINI SAHOO	CS			ARPITA BARIK	CS
		DIGVIJAY KUMAR	CS			ARABIND SAHU	CS
		RUDRA MADHABA DAS	EE			CHANDAN PADHI	EE
		SUBHASHREE PANDA	CS			BIBHUTI BHUSHAN NAYAK	ME
SOURAV KU UDAYABHANU	CS						
AYUSI PRIYADARSHINI	CS						
ASHUTOSH DASH	EE						

### Virtual Alumni Meet at Synergy, Bhubaneswar

Synergy Institute of Technology, Bhubaneswar has successfully organized its annual Alumni Meet: 2022, on 10.01.2022. The meeting was conducted on virtual mode and was chaired by the Principal, Dr. J. Rout. Prof. C. Jagatdeo, all faculties members and many other established alumnus participated in the meet. The Principal Dr. J. Rout delivered the welcome address. The program was a real success and also became a gate platform for the old student to communicate among themselves on how to improve and develop the college as it is their sense of obligation and responsibility as well. Chairman and-Managing Trustee Sri Binod Dash in his address advised the students to assist in employability, providing scholarship to the poor meritorious students and donate books to the college library. Sir also stated that how alumni is important for an institutional progress and establishment. Principal Dr. J. Rout in her address advised the students that all should remain in regular touch with the alma maters. About 70 alumni members from India and abroad had attended the meet and alumni members expressed their experience and suggestion for the improvement of the students and the institution. The meeting was conducted by Mrs Gunjan Mishra and Mrs Arpita Samal, faculty in Civil Engg & Alumni of Synergy, Bhubaneswar. The meeting ended with a vote of thanks by the Alumni Coordinator Mrs Mamtarani Swain.



## Seminar/Workshop/ conference attended by the faculty of Delhi Public School, Dhenkanal

Sl.	Date	Name & Description of the Training/ Programme/ Activity
1	4 <sup>th</sup> Mar, 2022	Principal Mr. Vijay Kumar Sahu participated in the Bridging the Learning Gap' (A Panel Discussion) conducted by the DPSS- HRDC.
2	11 <sup>th</sup> Jan, 2022	Dr. Smith Sagar Satapathy, PGT Chemistry attended the Online Training on "Strategies to Implement the Vision of the NEP in School Assessments "
3	12 <sup>th</sup> Jan, 2022	Mr. Sushanta Kumar Sahu , PGT Mathematics attended the Online Training on "How to Design a Good Question Paper "
4	1 <sup>st</sup> to 3 <sup>rd</sup> Feb, 2022	Ms. Rajashree Padhi, Librarian attended the Online Training on "Engaging Young Learners through Libraries " and "Engaging Young Learners through Libraries"
5	8 <sup>th</sup> Feb, 2022	Ms. Oshin Hota, PRT Mathematics attended the Online Training on "Laying the Foundation of Mathematics" for Teachers teaching Nursery to Grade- II.
6	10 <sup>th</sup> Feb, 2022	Ms. Anindita Pani, PRT attended the Online Training on "Education beyond Worksheets" for Teachers teaching Nursery to Grade- II.
7	14 <sup>th</sup> & 18 <sup>th</sup> Feb, 2022	Ms. Sadhana Pattanayak, PRT English attended the 2 days Webinar on "Basic Cambridge Pedagogy" for Teachers teaching Classes I –V.
8	23 <sup>rd</sup> Feb, 2022	Ms. Aishwarya Mishra, PRT Mathematics attended the Online Training on "Best Practices in Teaching an Academic Subject" for Teachers teaching Primary School Mathematics.
9	24 <sup>th</sup> Feb, 2022	Ms. Subhalaxmi Das, PRT attended the Online Training on "Best Practices in Teaching an Academic Subject" for Teachers teaching Primary School EVS.
10	28 <sup>th</sup> Feb, 2022	Ms. Itishree Sahoo, PRT attended the Online Training on "Best Practices in Teaching an Academic Subject- Early Childhood Education".
11	2 <sup>nd</sup> March, 2022	Mr. Dipti Ranjan Sethy, TGT Mathematics attended the Online Training on "Best Practices in Teaching an Academic Subject" for Teachers teaching Middle school Maths.
12	3 <sup>rd</sup> March, 2022	Mr. Aditya Narayan Satpathy , TGT Science attended the Online Training on "Best Practices in Teaching an Academic Subject" for Teachers teaching Middle school Science.
13	7 <sup>th</sup> & 8 <sup>th</sup> March, 2022	Mr. Satyabrata Mishra, TGT Mathematics attended the Online Training on "IGNITE - Career Planning under NEP"
14	9 <sup>th</sup> March, 2022	Ms. Anupama Rout, TGT Social Science attended the Online Training on "Understanding Career Inclination for Middle School"
15	10 <sup>th</sup> March, 2022	Ms. Sweta Dalmia, TGT Social Science attended the Online Training on "Deep Dive into the World of Subjects and Careers "
16	11 <sup>th</sup> March, 2022	Mr. Mohammad Zahid, PGT Physics attended the Online Training on "A Roadmap for Undergraduate Pursuits "

## Achievement

### Swachha Vidyalaya Puraskar (15 January 2022)

On the basis of a survey conducted on cleanliness of the education institutions at the district level, DPS Dhenkanal was conferred the prestigious award for cleanliness at the District Level. DPS Dhenkanal earned the title of 'SWACHH VIDYALAYA.' It was a moment of pride and joy when school Principal, Mr Vijay Kumar Sahu received the honours

## Newsletter

### Netaji Jayanti Celebration at Delhi Public School, Dhenkanal

To salute the courage and bravery of Netaji Subhash Chandra Bose, DPS Dhenkanal celebrated Netaji Jayanti on 22<sup>nd</sup> January in its school lobby in the presence of all the staff members of the school. The programme started with the floral tribute to the great fighter by respected Principal Shri Vijay Kumar Sahu followed by his heartwarming speech about the sacrifice and dedication of Netaji to make India free. The music troupe of the school sang a patriotic song to express their gratitude for Netaji. Mrs. Sweta Dalmia, Academic Coordinator delivered a speech about the life of the great son of India. The programme was wound up with the vote of thanks.



### Republic Day Celebration at Delhi Public School, Dhenkanal

DPS Dhenkanal celebrated 73<sup>rd</sup> Republic Day in the school premises following the protocols of Covid-19. The tri-colour flag was unfurled by honourable Principal DPS Dhenkanal, Shri Vijay Kumar Sahu along with the National Anthem, sang by all the staff. Three teachers of DPS Dhenkanal Sadhana Pattanaik, Padmaja Acharya and Anindita Pani delivered their speech on Republic Day in English, Odia and Hindi respectively. Omina Rajhans HOD English recited a Bengali Patriotic poem of Guru Rabindra Nath Tagore. Aiswarya Mishra, a teacher of Mathematics, sang a beautiful patriotic song. Monalisha Pradhan, the dance maestro of the school sang a beautiful song that aroused the love for nation in every mind. A tuneful group song was presented by the group of co-curricular teachers lead by the music teacher Ganesh Mishra. The programme ended with the vote of thanks by P E T Abhayananda Bihari.



### National Science Day Celebration at Delhi Public School, Dhenkanal

DPS Dhenkanal celebrated National Science Day on 28 February 2022 in school auditorium to commemorate the discovery of Raman effect by the great scientist and novelist of India Shri Chandrashekhar Venkat Raman on 28th February 1928. The program was organised by the science department of DPS Dhenkanal, under the able leadership of HOD science Mr Zahid. The program commenced with the sacred lamp lighting followed by Veda chanting. Mr Smith Sagar Satpathy, PGT chemistry projected a presentation on the discovery of Raman effect by CV Raman. The theme of the National Science Day 2022 was "Integrated Approach for a Sustainable Future". In this context, Mr Abhishek, TGT physics explained the students about the importance of science in our day to day life and also highlighted about the three spheres of sustainability, that is social, environmental and economical. Mr Lokesh Kumar Ghosh shared some interesting facts of science like elements, states of water, texture of a material, which had enhanced the inquisitiveness of the young minds of DPS Dhenkanal. The programme wound up with a vote of thanks.



### Talking about Birds and Bees (A Socio-Emotional) Awareness Program at Delhi Public School, Dhenkanal

The phrase "the birds and the bees" is a metaphor for explaining a much under-discussed and tabooed topic. A lot of us have shame, stigma or, even just general discomfort around sexuality, the hormonal and emotional changes that we experience. Young people face a barrage of confusing messages through the wrong sources. To help us bust all myths and wrong notions, a very special socio-emotional awareness program- 'Talking about birds and Bees' was organised by Young Indians, BBSR in association with DPS, Dhenkanal. Young Indians- is a philanthropic organisation that has vouched for the development of India and spurs with the motto - we can, we will. The webinar was graced by the presence of an eminent guest speaker, Dr Rosali Bhoi, MD Psychiatry (Maulana Azad Medical College, Delhi), Senior Resident, AIIMS, BBSR, worthy members of the Young Indian organisation, BBSR, Siddhartha Garg, Chair for Young Indian Bhubaneswar, Vishal Dalmia, Co-Chair, YI, BBSR, Sikha Bansal Co-Chair, Masum vertical, YI Bhubaneswar, Esteemed Director, DPS Dhenkanal, Dr. Lagnajit Dash, who has recently been bestowed with the honour of Chair, YI Masum Vertical. Revered Principal, DPS, Dhenkanal, Shri Vijay Kumar Sahu and the invited parents who raised our wonderful students. Teachers of our primary wing- Silky Madam, Sushmita Madam and Oshin Madam presented a meaningful puppet show



## Newsletter



Renewal Energy Club Awareness programme at Synergy, Dhenkanal



Republic Day Celebration at Synergy, Dhenkanal



Inauguration of Synergy Premier League (SPL) at Synergy, Bhubaneswar,



Axis Bank VP Mr Sandip Sinha, AVP Mr Sasiprasad and Mr Chandrasekher along with Chairman Shri Binod Dash in a plantation programme at Synergy, Bhubaneswar



Mr A.K Jena Security Officer of Synergy, Dhenkanal with CDMO, Dhenkanal at Mock drill for prevention of toxic gas.



Republic Day Celebration at Synergy, Bhubaneswar



Blood Donation Camp at Synergy, Dhenkanal



International Happiness Day Celebration at Synergy, Bhubaneswar

For Private Circulation only

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